

# Noosi successfully defends FNB Platinum Trail Run title

**Buffelspoort** – Teboho Noosi (Lesotho) successfully defended his title at the 7th annual FNB Platinum Trail Run at the ATKV Buffelspoort on Sunday 2 June with Noukhosi Tshuma (Tembisa, Johannesburg) claiming victory in the women’s race.

“I came to defend my title,” said a very happy Noosi who completed the long route (+-24km) in an impressive time 1 hour, 25 minutes and 22 seconds. The 2019 FNB

Platinum Trail Run forms part of Teboho Noosi’s training for the Sierre- Zinal Race in Switzerland. Noosi will be going for the course record that has stood for 16 years. In the women’s race Noukhosi Tshuma claimed victory in a deserving time of 1 hour, 54 minutes and 24 seconds. “I like to take part in trail runs. This is the first time that I ran in the FNB Platinum Trail Run,” she said.

“Congratulations to all participants and

sports enthusiasts for a breath-taking performance. This event continues to grow every year and it’s arguably one of the best races in the South African sporting calendar,” said Mike Vacy-Lyle, FNB business CEO.

**For more information or the full results, on the FNB Platinum Trail Run contact Stillwater Sports on 082 991 0045, email [entries@stillwatersports.com](mailto:entries@stillwatersports.com) or visit [www.stillwatersports.com](http://www.stillwatersports.com).**



Noukhosi Tshuma in action during the 2019 FNB Platinum Trail Run at the ATKV Buffelspoort. Photo credit: Tobias Ginsberg.



Teboho Noosi in action during the 2019 FNB Platinum Trail Run at the ATKV Buffelspoort. Photo credit: Tobias Ginsberg.

# Taking on the Monster!



From left: Kobus Kruger (65km in 4:08), Vaughan Townsend (65km in 4:35) and Jannie van der Westhuizen (65km in 4:03).



From left: Anton Roelofse (2nd in the 33km), Bertie Anderson (1st in the 33km) and Antonie Lit (3rd in the 33km).

**Rustenburg** – It was a hive of activity at the ATKV Buffelspoort on Saturday 1 June as members of the Rustenburg Cycling Club (RCC) joined other competitors for the 17th FNB Magalies Monster MTB Classic.

The prestigious event, which continues to grow in leaps and bounds, attracted almost 1,300 participants this year. In what has become a popular feature over the years, the awesome route was once again very tough with steep climbs, mountains and adrenalin pumping down hills.

Competitors selected four categories, which are the full marathon (65km), the half marathon (33km), the fun ride (15km) and the kids’ race (2.5km). It was another memorable event and well done to all of you who took part!



From left: FNB representative, Zuan Jacobs (2nd in the 15km), Ernest Roets (1st in the 15km) and Carlo du Pasion (3rd in the 15km).



From left: FNB representative, Jone van Eeden (2nd in the 33km), Monique du Toit (1st in the 33km) and Caitlin Thompson (3rd in the 33km).

# SUDOKU

9			3				8
1		6	4				7
		7			5		6
7	1			2			
			7	5		1	4
	9	3	1				7
6		9			8		
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4				5			9
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	3	5		2			1
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	5	3	4			1	
6				3			4
9					6	3	
		7	8			6	
	8		5				4



## RUSTENBURG EMERGENCY CONTACT NUMBERS

### SAPS

**Rustenburg SAPS Radio Control Centre:** 014 590 4115/6/7  
**Rustenburg SAPS Community Service Centre:** 014 590 4126/27/39  
**SAPS Boitekong:** 014 593 6001/ 6002/ 6003  
**SAPS Emergency (cell phones only):** 112  
**SAPS Marikana:** 014 572 3100/43  
**SAPS Rustenburg:** 014 590 4112  
**SAPS Tlhabane:** 014 565 9171/54/59

### AMBULANCE

**Ambulance / Metro Control Room:** 014 597 6612  
**Ambulance / Metro Control Room (provincial):** 10177

### MEDICAL EMERGENCY

**Med 24/7 (Private):** 014 592 7801  
**ER24:** 084 124  
**NetCare 911:** 082 911  
**Trauma Rescue:** 014 594 0689  
**Ferncrest Hospital (Emergencies):** 014 568 4339/8  
**Peglerae Hospital (Casualties):** 014 597 2823

### HOSPITALS

**Ferncrest Hospital:** 014 568 4399  
**Job Shimankana Tabane (JST) provincial hospital:** 014 590 5212/ 5100  
**La Femme Clinic:** 014 594 9500  
**RusMed 24:** 014 523 9378/9351

### SNAKE EMERGENCY NUMBERS

**Phillip Snyman** – 078 108 4543

### CLEANING SERVICES 24/7

**CIA Crime Incident Accident:** 079 498 7606

### FIRE

**Fire Department:** 014 590 3232 /3444/3333  
**Rustenburg Local Municipality emergencies (fire):** 014 590 3090

### RTB LOCAL MUNICIPALITY

**RLM Accounts Queries:** 014 590 3111  
**Press 1 for:**  
**RLM Emergencies (Fire Dept.):**  
**Press 2 for:**  
**RLM Customer Care Supervisor**

### ALARMS

**ADT (Control Room):** 086 121 2520 / 086 121 2501  
**Oracle Protection Services:** 014 533 3062/3726 / 081 358 4032  
**Wesalarms:** 014 592 8364

### SSR & CPF/GPF

**CPF Sector 1:** 061 019 6870  
**CPF Sector 2:** 072 907 0844  
**CPF Sector 3:** 072 204 4847  
**CPF Sector 5:** 082 573 3712  
**CPF Sector 6:** 079 227 9748  
**Staan Saam RTB:** 072 787 2550  
**Staan Saam Rustenburg Community Watch:** 083 296 6949

### SOUTH AFRICAN COMMUNITY CRIME WATCH RUSTENBURG (SACCW)

079 689 0961

### ANIMAL EMERGENCIES

**Animal Clinic Zinniville:** 014 538 2114  
**ARAN Veterinary Clinic:** 014 592 6007  
**Bergbos Dierekliniek:** 014 533 1959/2084  
**Bergbos Dierekliniek (A/H):** 083 653 1081  
**Rtb SPCA:** 014 592 3181  
**Rtb SPCA (A/H):** 072 933 7723

### WATER

**Water Problem Helpline:** 014 590 3088

### ELECTRICITY

**Electricity Helpline:** 014 590 3198  
**Eskom National Line:** 086 003 7566

### ROAD & TRAFFIC

**Bakwena N4 Toll Road:** 0800 225 9362  
**Traffic Control Room (Rustenburg):** 014 590 3221

## PLATINUM WEEKLY

**NEWSPAPER: 014 592 5653 / 072 482 6871.**